



FREE THETAN

Newsletter of the association of
professional independent scientologists

Preserve, Protect & Promote

July 2016

Volume 7 Issue 7



**The number one trick of control used in this universe on a
thetan is to make the thetan postulate* that he himself
can be damaged.**

—CONTROL AND THE MECHANICS OF S.C.S.

FREE THETAN

Newsletter of the association of professional independent scientologists

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FREE THETAN
Volume 7 Issue 7 July 2016

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

-oOo-

<p>The FREE THETA</p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect & Promote</i></p>	
<p>http://independent-scientologists-association.net</p>		<p>reservo, servo, proveho</p>

~ *Editorial* ~



reservo, servo, proveho

Dear Reader,

May was a traumatic month for us as we moved house. I want thank you all for your patience during this traumatic time. It required considerable work and organisation especially as we had servers and websites to think about and how to reduce the down-time during the move.

Making checklists and handling it as a project and planning it well in advance made a big difference.

That is something that can be done for most activities that require a number of cycles of action or steps to take.

However we made it and are settling in to the new house which is a little smaller and easier to manage. After a few hiccups the servers are now operating smoothly and the websites are up and available.

Until next time.

Much arc,

Michael Moore
Editor

~oo00oo~

Front page quote from HCO PL 'Handling the Public Individual'

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

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Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

Karendelac@gmail.com

Southern Cal tech Team

Standard LRH Bridge

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scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Silvia Llorens

All Standard Bridge

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Ken_Urquharturq@verizon.net

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~

Quotes from

**Attitude and Conduct of Scientology
4th London ACC, 3 November 1955**

“The next thing we’ve learned [in the first 5 years of active organization] is that organizational problems are best resolved by Scientology and that there are exactly two methods by which personnel can be handled – two methods. And these are very sharp and very definitive, organizationally. They are handled in one of these two ways...

The two ways of handling those who are not getting something done is, one, process them and, two, disconnect them from the organization but not from Scientology. Got that?”

[LRH then clarifies that we assume these people are Scientologists.]

#####

“But we do not, I repeat, do not, separate them from Scientology or Scientology organizations, nor at any moment fail to give them organizational support or cooperation in the starting of any new activity in which they wish to engage for the benefit of Scientology. You got that?”

“In other words, the arduous lesson along this line is that no-communication lists, revocation/suspension of certificates, court action of any kind whatsoever within the realm of Scientology and so forth, is not only – not only difficult to do but does not work. That’s just the end of it. It just doesn’t work. It’s for the seagulls.

That might work in Gestetner Limited or Westinghouse, but it does not work in Scientology. Got that?”

...”When a person becomes part of Scientology in general or the organization in particular, they are part of our own time continuum. And

enturbulences which affect them and separate them out of an orderly existence, kick back madly all the way across the whole set of dynamics and you have apparently practically offered to kill somebody. I think mere capital punishment is not a fitting description of comparable magnitude.

“See, you say, ” Well, that’s all right. Don’t come around to this group anymore. You go away. Now that you have been booted out, why, you’re off of communication and we’re not going to do anything for you and don’t associate with us anymore” and so forth. This creates one awful reaction. I’ll tell you why I know it creates one awful reaction. These people don’t spin necessarily, but their retaliatory gestures demonstrate that they have received a motivator of enormous magnitude. I can tell you how it seems to them by what they do.

“They practically devote the rest of their lives and all of their actions and attention and everything else to trying to get even with you or remedy the situation somehow or something. This is one of the more fabulous things, so that it must be something of magnitude.

“It evidently doesn’t compare to simply being ejected out of a country or ejected out of some kind of universe or out of a family or something of the sort, you know? It isn’t evidently of comparable magnitude. This is a very great oddity I wish to point out to you.

“In the first place, Scientology is a road out of and into universes.”

[...] “I merely wish you to look at the enormous actions undertaken by people who have been ejected from organizations and otherwise. They seldom go off and suck their thumb dismally. They seldom do this. They might go completely into apathy..., [but t]hey usually come in

there fighting with violence; they've got to do something of magnitude."

* * *

"See, we don't quite understand the magnitude of the injury and the magnitude is considerable."

* * *

"It's because they are people of good intention. And by saying that these people are not fit to associate with us anymore, we have told a lie of magnitude. This is not true. It's never true. You got it?"

From Page 9

"Our inability to understand the actions of other Scientologists has a very fascinating barrier. The limitation on our understanding is simply this: we say they have bad intentions, and that is a lie. Got it?"

"So the whole situation is liable to enturbulate around that postulated bad intention. That's what enturbulates the situation. That makes a lie.

"The situation then becomes unsolvable. Because we've entered a changing factor called a lie into it."

From Page 11

"The most valuable asset we have, actually, is our ability to understand, to do the right thing, to be kind, to be decent."

From Page 13-14

"Well, I hate to unsettle a very stable datum, if it does unsettle it. But the only way anything ever does resolve is by letting your own kind heart reach through. That's the only way it ever does solve.

"And it never solves by being tough."

* * *

"It is proving more and more and more, that it's not a safe thing to do [ARC break a Scien-

tologist]. Not a safe thing from the standpoint of a vested interest, or something like that, to attack Scientologists. They're too agile, they communicate, they talk. Get the idea? I mean, they do upsetting things. They don't go back and sit down apathetically and say that's the end of that.

"They write letters. They do things. They think of ideas. They think of ways to get a communication line through."

From Page 17

"What do we really have of value in the organizations of Scientology? The only thing we have of value, actually, is Scientology, an understanding of life, increasing ability to communicate, a good concept and grip on reality and the ability to like guys. That's all you got. "When you knock out one of those or degrade one of those, you've got less than you had before. You've got less organization than you had before.

"When we drop the various points of the ARC Triangle in their fullest meaning, we drop also the assets of the organization. And I mean that literally. I mean we drop the mimeograph machine, just like that, you know. Bang!"

* * *

"And there's only one more thing that we could know that would make us all feel very, very relaxed about the whole thing. There isn't a person anywhere in Scientology who has bad intentions for Scientologists or their fellow man. And that point all by itself is very well worth thinking about the next time some trouble arises in your vicinity, because that is the truth. And if you handle a situation with that in mind, you will solve the situation."

~oo00oo~



L. Ron Hubbard

Saint Hill Manor,
East Grinstead,
Sussex.

26th March 1969

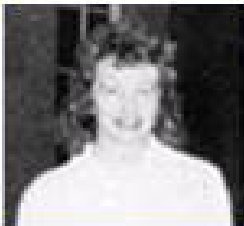

The Commission of Enquiry
into Scientology in New Zealand.

Gentlemen,

With regard to the practice of disconnection, I have taken this up with the Board of Directors of the Church of Scientology, and they have no intention of re-introducing this policy, which was cancelled on the 15th November, 1968.

For my part, I can see no reason why this policy should ever be re-introduced, as an extensive survey in the English speaking countries found that this practice was not acceptable.

L. Ron Hubbard

	<p>A TRIBUTE TO MARY SUE HUBBARD</p> <p><i>Wife of L. Ron Hubbard</i></p> <p><i>Remembered with Respect and Honor</i></p>	
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ARTISTIC PRESENTATION

For some time in some quarters in Scientology we have had a problem with regard to presentation.

Magazines are sometimes badly proofed, books are often shabbily done, tapes are played to the public on Woolworth recorders, etc. In some quarters we do very well, but in many we don't.

I have been looking this over for some time and have just realized what it is all about.

We live in a machine world. The whole yap of TV and newspapers is directed toward reducing effort. The primary goal of the civilization in which we live, it seems, is to reduce all personal effort to zero.

The less effort a being can confront, the more effect of effort he becomes.

If you reduce a man's effort output to zero you will also collapse his bank on him.

The modern trend of "don't do" accompanies the modern trend of an increased percentage of the insane in the society.

The crazier a person is, the less he accomplishes or does.

So we live in a world which is oriented to drive men mad.

But, more pertinent to us, we suffer from the continuous bait-"do it the easy way." "Do it in the way that will demand the least effort."

We see this in manufacturing particularly - the easiest way is the cheapest way is the most profitable way.

So we get into a "do it the easy-way."

Well, that may apply to making spoons for profit, but it does not apply to presentation.

The whole world of the arts is directly opposed to the philosophy of the business man or manufacturer.

Art seeks to create an effect. An effect is not always created the easy way. Indeed, the better effects are quite difficult to achieve.

One can fall into creating easy effects to such a degree that one fails completely.

For instance, a dozen cakes are in competition at a county fair. The one that wins is not the easiest cake to make. True, the cook that made the winner may have some easy ways to short cut cake baking. But the winning cook actually takes that extra bit of care to make it all just right.

It isn't magic or luck that makes the professional. It's hard won know-how carefully ap-

plied

A true professional may do things pretty easily from all appearances, but he is actually taking care with each little bit that it is just right.

The winner has it instinctively. The loser rarely even grasps the concept of "do it right".

Artistic presentation always succeeds to the degree that it is done well.

How easily it is done is entirely secondary.

To the world of presentation, of putting up mock ups, the only guide is take the care necessary to do a good job.

To the world of the business man, the manufacturer, the primary guide is "how can we do it easily".

These two philosophies clash.

We are taught daily in advertisements, by union leaders, by socialists that **DO IT WITH THE SMALLEST EFFORT** is the greatest goal in life. Do the least work for the most pay. Buy the automatic machine that chews up the most clothes in the least time. Use the roofing paper that goes on quickest and keeps out the least rain. Vote for Jim X who will make all the world eat without working. Do nothing yourself. Shove it off on the Mix Up Accounting Company-or the man at the next desk.

That all this leads to total dependence on gadgets, total enslavement to mounting economic puzzles, even to total enslavement to a Commissar Krushtoad in the next generation is neglected utterly. That less than two centuries ago we lived quite well and built more strongly and were a lot saner without all these ads, tools and commissars is never mentioned.

Man is solving himself to extinction. And all on the slogan "Don't exert yourself".

It's gotten so bad that people are shrugging off all responsibility for the state, for their friends, for anything and everything. "Nothing has anything to do with anybody" is the epitaph that nobody will take the trouble to write on the tombstone of this civilization.

Now this is no rant against automation or gadgets or self-sterilizing cat petters.

Use all the gadgets you can lay your hands on-if they really do work in your hands and don't absorb all your time in earning their price or repairing their faults.

No, my thought here is only this - keep your action level above your gadget level.

Keep ahead of automation. Keep ahead of do-it-for-you. Don't disenfranchise yourself by giving all your work away-to a machine, to a fellow worker.

If you've got equipment do one of two things (a) Use it to increase your production of effects or (b) Get rid of it.

But first and foremost realize that in presenting something, in trying to put up mock ups, that the best way isn't always the easy way. The best way is only the more effective way.

Work out first what effect you are trying to produce. Then when you've got that all taped, only then consider the easiest way to do it. And never consider the easier way at all if it is less effective.

anything but a machine or somebody else".

L. RON HUBBARD

~oo00oo~

Art takes that extra bit, that extra care, that bit more push for it to be effective art.

There is no totally easy way to produce a desirable effect.

And the day you drop some of your ideas of the effect you want to produce is the day you get a little older, a little weaker, a little less sane.

So don't buy the easy way. Buy only the effective way. If some of its points can then be made easy, good. If not, do it the hard way.

And only if you realize this can you escape the gargantuan trap of a society with the mass goal of "Nothing should ever be done by

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		<p>reservo, servo, proveho</p>

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Postulates and the 8th Dynamic – How to make your postulates stick

Perhaps you've wondered what the 8th dynamic is.

Understanding the subject of postulates catapults you up in beingness rapidly toward the eighth dynamic. Why?

Read the following excerpt and you'll begin to find out. It's taken from a lecture in Volume 8, entitled "Self-Determinism on the Dynamics," one of almost 40 incredible lectures with titles like, "Miracles in Dianetics," "Cause on All Dynamics," "Postulates and Emotion," "Love," "Prime Thought" and "Deadmen's Goals."

The more you learn about postulates, the greater will be your beingness and the more control you'll have over life.

A thetan who knows all about this subject, is able to make self-determined postulates in present time to guide and control life.

And now, here's Ron.

You see, the eighth dynamic is faith. It is not even knowledge, and it is certainly not ARC or understanding. It's faith. It's a static. And in a complete static there is no understanding. And the individual is taught, "You have to understand things in life," so he goes ahead and tries to understand the eighth. But you can't understand the eighth — that's faith! You accept it! You don't try to wonder about it.

And you'll find, then, some peasant over in the middle of France is probably very, very happy about God, has never thought for a moment: "Is he there or isn't he there," or anything — very happy; he's got faith on the subject.

And you'll find some learned scholar, grinding away at his books — Spinoza. Study, study, suppose, postulate, think, think, think, think; spin, spin, spin, spin; think. spin. spin — no faith!

Now faith, however, is an automatic proposition, and the reason the guy tries to think on the subject is because people try to use it as a control mechanism.

And what this individual is trying to do is understand what is trying to control him in his own race — and blames it on God, you see? People are trying to control his actions and cut down his self-determinism by using the threat and potential of God, you see? And then he is upset on this subject, so he bypasses trying to understand because he didn't understand what people were trying to do to him, so he turns around and starts (quote) "understanding" on the subject of a Supreme Being. Well, he can't do it! And the second he does, why, it'll spin.

The way you undo it is to find out who was trying to control him with the eighth dynamic; what human being was trying to control him with the 8th dynamic; what human beings were associated with him on the subject of the eighth dynamic. And unburden his contest and conclusions with regard to these human beings. And all of a sudden the eighth dynamic will go right on up in beautiful shape — bang.



L. Ron Hubbard
23 October 1951

Ron goes on to tell about a man who sailed with Columbus, and used the 8th dynamic to achieve incredible feats of danger and adventure, making his postulates come true. Read Volume 8 and get the full tech yourself!



How Ron Works

By Mary Sue Hubbard
(From Ability Mag Issue III Minor ca. April 1955)

Many people have questioned me regarding Ron's research and investigation into the human mind. The funny thing is that the majority of the hundreds of research cases on whom he worked to give us the principles for building a better world were never aware of who he was or what he was doing. They had never heard of Dianetics or Scientology. All they knew or were aware of was that they felt better, their bad eye sight or maybe the limp in a once injured leg, was gone.

Wherever we have been it has always been the same – in England, Belgium, France, Germany, Spain, or here in our United States – rich or poor, young or old, diseased or insane, there has always been the hidden man, woman, and child behind the scenes who were helped and who, but did they know it, were contributing to the furtherance of a science. To me, the most important foundation upon which Dianetics and Scientology is built was stated in the First Book – that is, “Man is basically good.” I

know of no one who believes this as strongly as Ron does. It is my feeling that this alone in times of contemptuous press, financial difficulties, the betrayal of friends – times when it seemed that all he had built was crumbling to pieces, kept him going, kept him persisting to his goal of helping MAN.

In Phoenix after the fall of Wichita, a producer with whom Ron had worked in Hollywood came to see us at our small apartment. He was offering Ron what would seem to the ordinary man like ice cream and cake for eternity. After picturing this dream in the clouds, he said to Ron, “Now, really, do you think this Dianetics, this research of yours, is worth it?” Ron sat for a very long time – silent, his eyes closed. Finally after what had seemed like hours he opened his eyes, and said, “Yes! Yes I do.”

After his producer friend left, I asked him why he had taken so long to answer. He replied, “I was watching pass before me a parade of all the people I had helped, their expression one of hope and faith in the goodness of the future. Nothing can be worth more to me than that.” And that's the way he is. His belief in the innate goodness of Man, in being able to bring this and Man's abilities to the fore continues him in his research. It enables him to communicate to anyone despite their physical disability to do so, or any language barrier.

His preclears are all over the world. The time he has spent processing is too vast to enumerate. Even he does not know the hours; he works and there is no time to him. This used to be very disconcerting to me. I remember one time in Spain, I had spent the whole morning shopping in the market and the whole afternoon preparing dinner on one oil burner and a charcoal fire. This was a difficult process for one used to super markets and a gas range.

Ron had gone to the park. Dinner time passed.

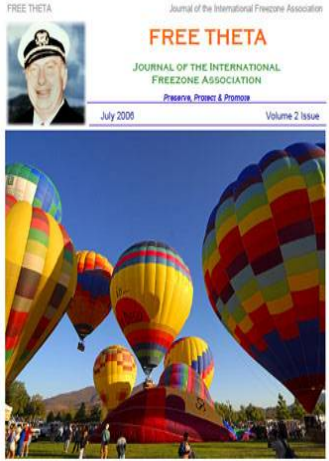
The food got soupy from reheating and the charcoal supply got nil. My patience wilted and I went to the park. I found him sitting at a side walk cafe, a middle aged Spaniard with him. He motioned me to sit down and be silent. He was processing. The fellow had been in the Russian army, had fought in the battle of Stalingrad and then had been forced into servitude in Siberia. His legs had been so badly frozen that they would not bend at the joints. This peg legged walk was to carry him through life and to deny him work because of his slowness. After Ron had finished, we invited him home to dinner. He walked naturally again. His realization of what had happened to him did not come until he walked to the door to leave. He suddenly stopped and began shouting “I walk – I walk”.

someday he hopes to have every auditor in the field “who is worth his stuff as an auditor” on the H.A.S.I. payroll. They would be given some person – some one in high government position, someone in the arts, someone in religion – people who are in the public eye and who supply thousands morale in the forms of good public works, books, paintings, humor, spiritual aid, to birddog until they submitted to processing. These auditors could then simply process and proceed without depending upon public approval or financial support which is dependent upon public approval. Maybe someday we can accomplish this. It is a goal worth working toward. We too, will have a better world someday.

It is Ron’s dream and yours and mine.

There are many such people and many more – you in the field have not been idle either these five years. Maybe someday we can realize Ron’s Project. Very few know about it, but

~oo00oo~



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Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.


— SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8 808
Lafayette Ron Hubbard



*Quote from
L. Ron Hubbard*

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.



Wins and Successes in the Scientology Independent Field

I just got back from doing the communications course at Observation Mountain Academy!

It was awesome.

My two teenage sons also got to go through it. Some of my wins were being in the course room with my son's. While some others were all my own.

On OT-TR0 through TR4 my big win was spacey!!

Let me clarify. After doing OT-TR0 I felt spacey. I wasn't sure what that meant to me right away. Then I did TR0 and it all made sense. I realized that I could be in any space! Or I could not be in any space.

I also realized I could be in any presence or I could be in the absence of any presence :)

And that despite any pain my body may feel I

could be in any of those comfortably.

I don't know how else to explain it. It feels awesome though.

Working on the Upper Indocs I realized more what intention actually meant. To me the best way I can say it is that intention is the action...mmm...or the dynamic. The momentum or energy that makes a postulate stick.

It's not words it's not just a thought, it's the energy behind all of it.

And I learned intention has nothing to do with words!

While learning this I cognited on why I've done or not done many things in my life. And it boiled down to what LRH said about abilities, that the theta never loses abilities just the willingness to use them.

And I realized that I never lost control of my

life I lost the willingness to take control of it. I never lost my power of intention or my ability to make postulates stick, I lost my willingness to be at cause in it all. I lost my willingness to take control and be in control...to be cause and/or be in control of effect.

Things are piecing themselves back together in my mind now.

I feel like all of the different parts of LRH's tech are different puzzle pieces and the game is to put them all together to see the final result and that the final picture when put together is different for every unique theta out there that tries to put the puzzle together.

I feel awesome.

Thank you Dave Soroka and Nora Curiston for all you've done.

Thank you Annette Davidson and Doug Davidson for all your support.

Thank you LRH, your hard work is paying off. Profound. Eternal. A goal that I have had for eons achieved. This is the most important adventure I have ever experienced, to truly be cause over life. It is the most beautiful and compassionate journey. I could have audited this level every day forever because it was so easy to do.

But then my awareness started to shift. What I was doing in session just became a huge know- ingness and part of who I am. Love and grati- tude became the universal solvent. All negativ- ity just washed away with this powerful emo- tion and communication. I won the spiritual lottery that I figured out how to do it this life- time.

The daily OT occurrences are at such a high level and so frequent that I giggle with joy that I'm here. Situations such as precise and de- tailed pre-knowingness before it happens, dis- covering how to cure longstanding and severe physical disabilities, being told I'm an angel

by people that meet me, low toned people fall- ing out of my life, huge windfalls in money, attracting the most talented and up toned em- ployees, and living in a state of exteriorization. This is the real deal!

Thanks to Randy Smith with his expert train- ing and super high ARC I was able to easily learn how to free myself.

And of course our most beloved friend for eternity, L Ron Hubbard, the gratitude that I have for this man is as big as the universe.

Thank you. Thank you. Thank you.

I'm back!! D.K

Three years ago I was in despair about getting onto OT 7 this lifetime, let alone through it. A recent trip to Flag had used up the budget for the year but left me no closer to getting on. The obstacles seemed endless. Planning open-ended trips to Flag. Coming up with the money for endless hours of unnec- essary preps and sec checking. I figured in another 10 years if I was real careful I might get onto the level.

I was in sort of a trap. It made no sense to be required to do unnecessary actions yet asking questions or, heaven forbid, reading the inter- net would just result in more of the same. I knew something was wrong.

The 2013 LRH Birthday event at the Shrine may have been a turning point. I noticed COB received a standing ovation that went on forev- er—three time as long as the applause for LRH.

It was with trepidation that I started taking a better look at getting up the bridge. I knew that this slippery slope would lead to not being able to go back to the official orgs easily and that my eternity could be in jeopardy.

But here's what happened:

1. I received some excellent preparatory and clean-up auditing from Trey Lotz. This took

about 6 hours.

2. I did the Advanced Solo Auditor's Course with Randy Smith. I studied the materials at home. Randy came over for the final drilling and checkouts.

3. I audited on Solo NOTS for a couple years and now I'm done.

How A to B is that. It was so much easier than I had expected.

Being a negative gain level it can be easy to lose sight of the gains. But I look back and remember where I was at when I started. I was a little leery of going into session because I might run into something that would knock my head off. There were some heavily charged areas that took some work to get through. It was really comforting to be backed up by a competent C/S at those times.

To sum up the gains for the level, I'd say those areas of heavy and unfrontable case are no longer there. And that is saying something.

The auditing became a daily routine, getting in as many sessions as possible. But there was never any pressure for unusual solutions like taking off work Thursday morning to get the stats up.

As the auditing continued it became easier. Things would blow easier and what was left was less formidable. My attention went off the case and onto life.

So instead of taking the rest of my life to struggle through the level, it was completed in a little over 2 years to an excellent result and I am ready to move on.

Much thanks to Randy, Trey and LRH.

~oo00oo~



THE BRIDGE TO TOTAL FREEDOM

SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES

TRAINING					PROCESSING								
Author's Class	Certifica	Course	Prerequisites	Topics Covered	What's Covered	End Result	PC Grade	Name of State	Subject	Prerequisites	Class of Author	Author's Release	Ability
Class XII Auditor	Class XII (S)	Class XII (S)	Class XII (S)	Public Class XII (S)	Flag only	Public Class XII (S)	OT XV	New System OT	The Approach of New OT XV	New OT XV	For the majority of New OT XV	Not released	Confidentially released
Class XI Auditor	Class XI (S)	Class XI (S)	Class XI (S)	Public Class XI (S)	Flag only	Public Class XI (S)	OT XIV	New System OT	The Approach of New OT XIV	New OT XIV	For the majority of New OT XIV	Not released	Confidentially released
Class X Auditor	Class X (S)	Class X (S)	Class X (S)	Public Class X (S)	Flag only	Public Class X (S)	OT XIII	New System OT	The Approach of New OT XIII	New OT XIII	For the majority of New OT XIII	Not released	Confidentially released
Class IX Auditor	Class IX (S)	Class IX (S)	Class IX (S)	Public Class IX (S)	Flag only	Public Class IX (S)	OT XII	New System OT	The Approach of New OT XII	New OT XII	For the majority of New OT XII	Not released	Confidentially released
Class VIII Auditor	Class VIII (S)	Class VIII (S)	Class VIII (S)	Public Class VIII (S)	Flag only	Public Class VIII (S)	OT XI	New System OT	The Approach of New OT XI	New OT XI	For the majority of New OT XI	Not released	Confidentially released
Class VII Auditor	Class VII (S)	Class VII (S)	Class VII (S)	Public Class VII (S)	Flag only	Public Class VII (S)	OT X	New System OT	The Approach of New OT X	New OT X	For the majority of New OT X	Not released	Confidentially released
Class VI Auditor	Class VI (S)	Class VI (S)	Class VI (S)	Public Class VI (S)	Flag only	Public Class VI (S)	OT IX	New System OT	The Approach of New OT IX	New OT IX	For the majority of New OT IX	Not released	Confidentially released
Class V Auditor	Class V (S)	Class V (S)	Class V (S)	Public Class V (S)	Flag only	Public Class V (S)	OT VIII	New System OT	The Approach of New OT VIII	New OT VIII	For the majority of New OT VIII	Not released	Confidentially released
Class IV Auditor	Class IV (S)	Class IV (S)	Class IV (S)	Public Class IV (S)	Flag only	Public Class IV (S)	OT VII	New System OT	The Approach of New OT VII	New OT VII	For the majority of New OT VII	Not released	Confidentially released
Class III Auditor	Class III (S)	Class III (S)	Class III (S)	Public Class III (S)	Flag only	Public Class III (S)	OT VI	New System OT	The Approach of New OT VI	New OT VI	For the majority of New OT VI	Not released	Confidentially released
Class II Auditor	Class II (S)	Class II (S)	Class II (S)	Public Class II (S)	Flag only	Public Class II (S)	OT V	New System OT	The Approach of New OT V	New OT V	For the majority of New OT V	Not released	Confidentially released
Class I Auditor	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	OT IV	New System OT	The Approach of New OT IV	New OT IV	For the majority of New OT IV	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	OT III	New System OT	The Approach of New OT III	New OT III	For the majority of New OT III	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	OT II	New System OT	The Approach of New OT II	New OT II	For the majority of New OT II	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	OT I	New System OT	The Approach of New OT I	New OT I	For the majority of New OT I	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	OT Eligibility	New System OT	The Approach of New OT Eligibility	New OT Eligibility	For the majority of New OT Eligibility	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Solo Course	New System OT	The Approach of New Solo Course	New Solo Course	For the majority of New Solo Course	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	OT Preparations	New System OT	The Approach of New OT Preparations	New OT Preparations	For the majority of New OT Preparations	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Solo Course	New System OT	The Approach of New Solo Course	New Solo Course	For the majority of New Solo Course	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Sunshine Rounddown	New System OT	The Approach of New Sunshine Rounddown	New Sunshine Rounddown	For the majority of New Sunshine Rounddown	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	CLEAR	New System OT	The Approach of New CLEAR	New CLEAR	For the majority of New CLEAR	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Expanded Diagnostics	New System OT	The Approach of New Expanded Diagnostics	New Expanded Diagnostics	For the majority of New Expanded Diagnostics	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	New Era Diagnostics (NEED)	New System OT	The Approach of New New Era Diagnostics	New New Era Diagnostics	For the majority of New New Era Diagnostics	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Grade IV Rounddown	New System OT	The Approach of New Grade IV Rounddown	New Grade IV Rounddown	For the majority of New Grade IV Rounddown	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Grade III	New System OT	The Approach of New Grade III	New Grade III	For the majority of New Grade III	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Grade II	New System OT	The Approach of New Grade II	New Grade II	For the majority of New Grade II	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Grade I	New System OT	The Approach of New Grade I	New Grade I	For the majority of New Grade I	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Grade 0	New System OT	The Approach of New Grade 0	New Grade 0	For the majority of New Grade 0	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	ARC Straightwire® Rounddown	New System OT	The Approach of New ARC Straightwire® Rounddown	New ARC Straightwire® Rounddown	For the majority of New ARC Straightwire® Rounddown	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Happiness Rounddown	New System OT	The Approach of New Happiness Rounddown	New Happiness Rounddown	For the majority of New Happiness Rounddown	Not released	Confidentially released
Not Classed	Class I (S)	Class I (S)	Class I (S)	Public Class I (S)	Flag only	Public Class I (S)	Purification Rounddown	New System OT	The Approach of New Purification Rounddown	New Purification Rounddown	For the majority of New Purification Rounddown	Not released	Confidentially released

DIANETICS AND SCIENTOLOGY INTRODUCTORY SERVICES

Success Through Communication Route	Life Improvement Course Route	Personal Efficiency Route	Scientology Introductory Auditing Route	Dianetics® (Book One)®	Anatomy of the Human Mind Route	Purification Route	The Way to Happiness Route	Hubbard Key to Life® Course
Hubbard's Dianetics Course is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.	Hubbard's Life Improvement Course is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.	Hubbard's Personal Efficiency Course is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.	Hubbard's Scientology Introductory Auditing Course is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.	Hubbard's Dianetics® (Book One)® is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.	Hubbard's Anatomy of the Human Mind Course is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.	Hubbard's Purification Course is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.	Hubbard's The Way to Happiness Course is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.	Hubbard's Key to Life® Course is a practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.

DIANETICS AND SCIENTOLOGY BEGINNING BOOKS AND EXTENSION COURSES, LECTURES AND PUBLIC FILMS

<p>How to Use This Chart</p> <p>This chart is a guide to the various levels and certificates available in the Scientology system. It is designed to help you understand the requirements for each level and the benefits you can expect to receive. The chart is organized into columns representing different areas of the system, and rows representing different levels of achievement. The levels are numbered from 1 to 12, with 1 being the lowest and 12 being the highest. The certificates are listed in the middle column, and the courses are listed in the right column. The chart is a comprehensive guide to the Scientology system, and it is essential for anyone who is interested in this field.</p>	<p>Definitions</p> <p>DIANETICS: The science of the mind, and the art of using the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.</p> <p>SCIENTOLOGY: The science of the spirit, and the art of using the spirit for personal and professional success. It is the second of a series of courses that will lead you to total freedom.</p> <p>ARC STRAIGHTWIRE®: A practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.</p> <p>HAPPINESS ROUNDDOWN: A practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.</p> <p>PURIFICATION ROUNDDOWN: A practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.</p> <p>THE WAY TO HAPPINESS: A practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.</p> <p>HUBBARD KEY TO LIFE®: A practical, step-by-step guide to the use of the mind for personal and professional success. It is the first of a series of courses that will lead you to total freedom.</p>
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A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

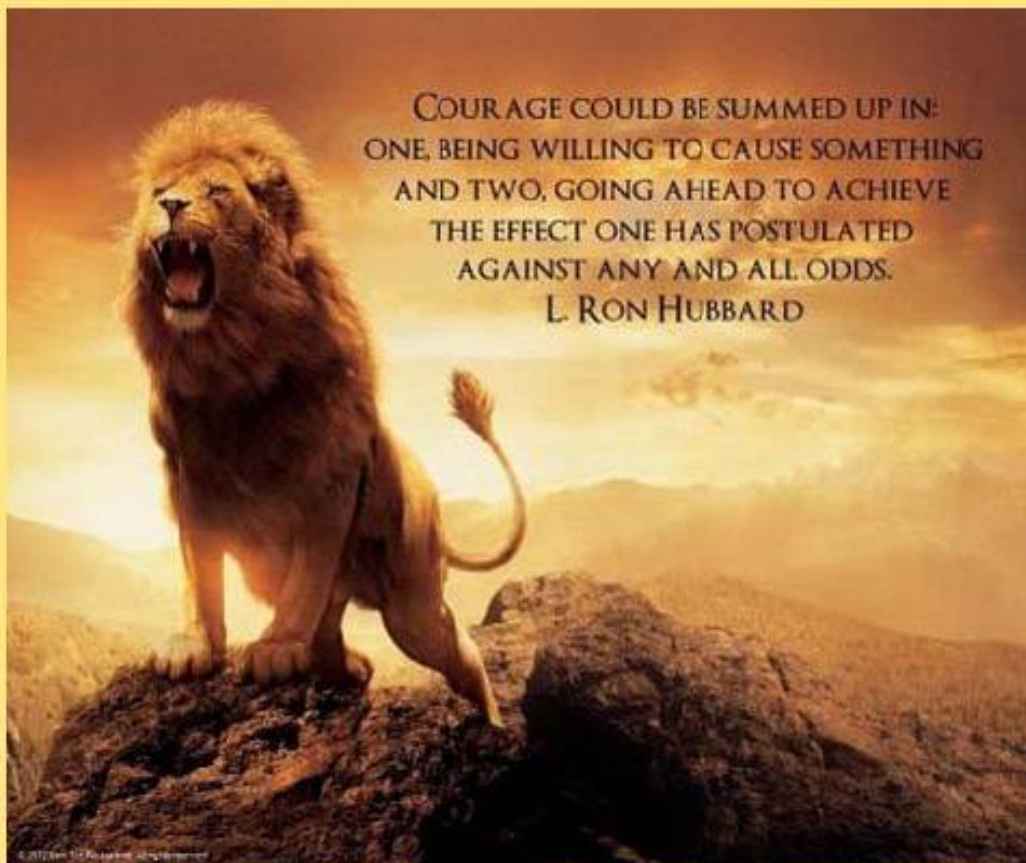
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

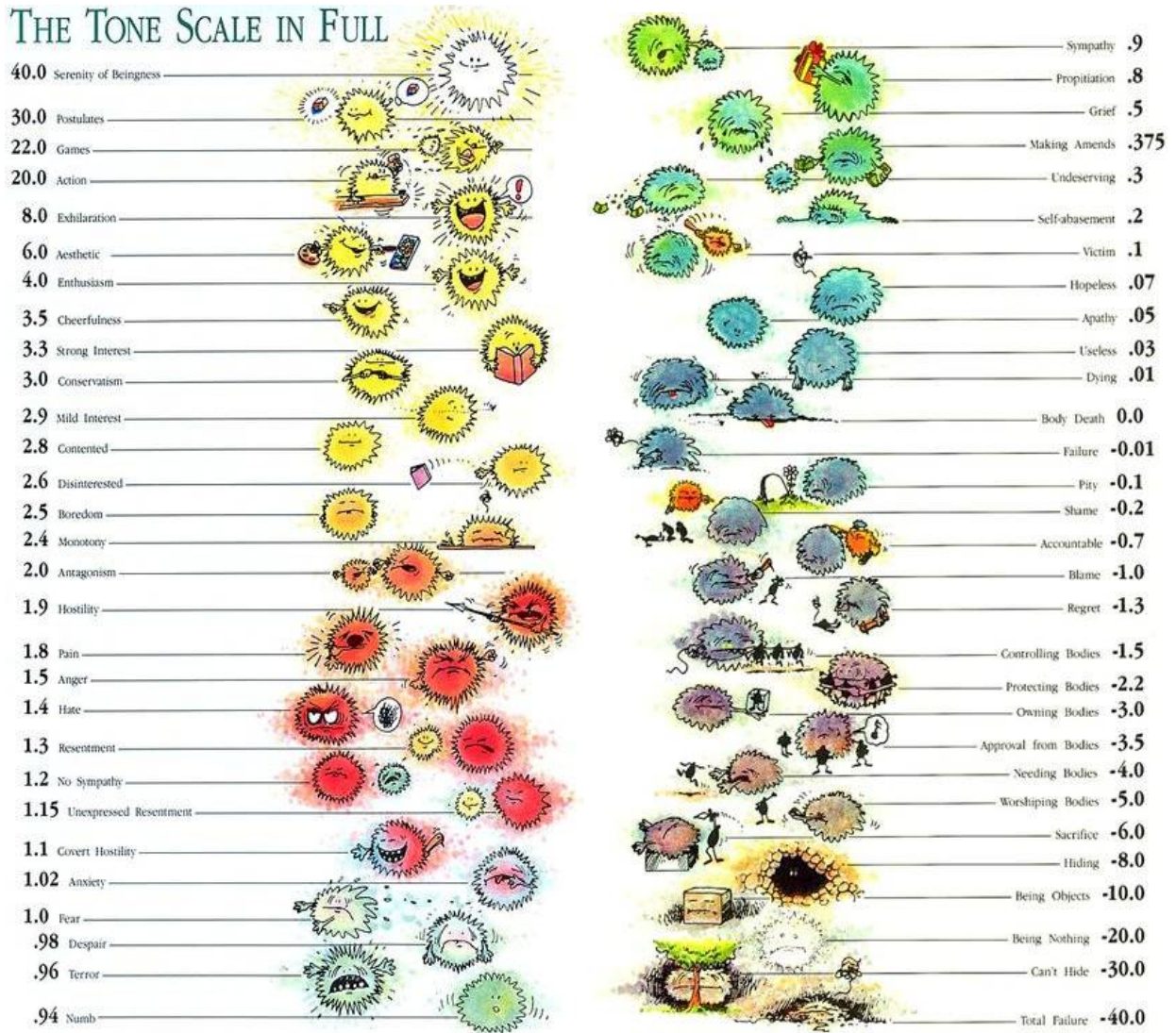
Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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Scientologists today and
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association.net](http://independent-scientologists-association.net)**

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

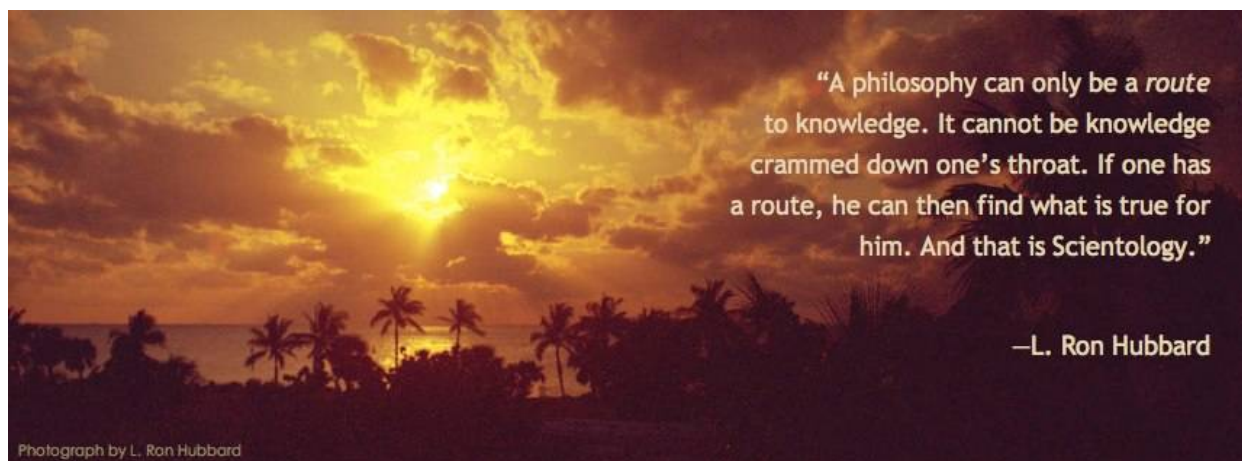
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.



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